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Mindfulness Skills Workbook for Clinicians and Clients

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Mindfulness Skills Workbook for Clinicians and Clients

Preface It is hoped that the information in this guide is written in a way that is easy to understand. This was done for several reasons: n so that people with developmental disabilities who read,

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Examples of Materials That Can Be Adapted For Therapy a collection of resources by Judith Maginnis Kuster. The following is one section of Judith Kuster's Net Connections for Communication Disorders and Sciences (www.communicationdisorders.com).The internet is FULL of materials that can be adapted to speechlanguage therapy.

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